Pineapple-Orange Frozen Yogurt

1 c. low-fat vanilla yogurt

1 c. pineapple chunks, fresh or canned

½ c. orange juice

1. Place yogurt & fruit in large plastic zip-top bag, flatten and freeze overnight.
2. Next day, combine fruit/yogurt mixture with orange juice in food processor or blender and pulse until smooth.
3. Serve immediately & enjoy!



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